

A road map to breaking your cycle of acne

*Acne can strike anyone at any age,
but you can banish breakouts thanks
to a leading herbal treatment*

Ever wondered why your acne just doesn't go away treatment after treatment? What if there was a way to prevent it, so that you never got it? Well, look no further for the answers.

Renowned natural medicine expert, Dr Agnes Olszewski, CEO of (US company) Herborium, makers of AcnEase®, reveals the real secrets to attaining clear skin... forever.

From eliminating symptoms to prevention (which apparently is a key to breaking the cycle of acne), see what she has to say, and prepare for the ultimate transformation...



1 Breakouts are acne

'Many people don't even know that what they have is actually classified as acne. Do you have whiteheads and/or blackheads,



occasional or chronic cysts? Guess what? This is acne. Do you have the occasional breakout every month? This is acne. Many people think acne is classified as having a lot of pimples repeatedly. Yes this is the case if one suffers from severe acne, however, acne ranges from mild (blackheads/whiteheads) to the most severe (cysts). Additionally, you can have acne for one to two years and it can be classified as chronic.'

2 Acne affects everyone

'Acne affects everyone. Over 75% of all people will have acne at a certain time in their lives. What are two of the biggest myths about getting and treating acne?

• **Only teens get acne.**

Wrong! The average age of an individual with acne is 26 years old. People as young as nine, and as old as 50, can get acne.

• **Acne will go away on its own.** Wrong! If you do not treat your acne, you will most likely end



up with scars that are difficult or near impossible to get rid of.'

3 Why do I have acne?

'The most common reason for getting acne is hormonal



imbalance, especially too-high levels of testosterone (androgens) that will overstimulate sebaceous glands causing

overproduction of skin oil known as sebum.

'Since acne is indeed a complex disease, there may also be other factors that make your sebaceous glands "misbehave".

The good news is that, despite the complexity, a common denominator for the formation of pimples is only one: an overproduction of sebum and inflammation cascade that follows. So if you want to break the acne cycle, you need to help those sebaceous glands rebalance.'

6 Will I have to use AcnEase forever?

'No. AcnEase® is provided to you in an easy to follow, personalised, smart acne treatment regimen. Depending



on how severe your acne is, how long you've had it and some other personal characteristics such as your gender and lifestyle, you will use AcnEase® for just a few short months or for longer – but when you get clear skin, you can stop using it.

'If you decide to stay on a treatment for a longer period of time, it is not only clinically tested for its efficacy, but also for its safety. We use the highest quality herbal extracts available in the world.'

5 How AcnEase treats and prevents acne - long-term

'AcnEase® is a clinically validated all-botanical acne treatment with a 96% user success rate and unprecedented safety profile. Ingredients contained in AcnEase® help your sebaceous glands return to normal activity by mitigating the impact of different stimulants (including hormones) on the glands, while also addressing present inflammation and bacteria count. It



mitigates the effects the hormones have on making them go crazy! AcnEase® is for anyone with all different types of acne.'

4 How do I rebalance my sebaceous glands?



'Acne is an internal problem, therefore using topical agents will not treat it. Topical products

may only help temporarily and many internal products such as antibiotics, oral contraceptives, or Isotretinoin have a set of serious health problems (side effects) that you need to take into consideration.

'A treatment that can not only eliminate symptoms but also prevent the onset of acne is an essential part to breaking the cycle of acne. Natural medicine takes this into account and utilises science and nature to create something that can be tailored specifically for your needs, long term. This is exactly what AcnEase does.'

7 How can I get the best results?

'Many people come to us after years of trying to get rid of acne – nothing worked for them. No prescription drugs, no creams, lotions or vitamins, not even cosmetic procedures. We have helped made an enormous difference in their lives. Customers that see a 96% success rate normally stay in touch with us to let us know how they're doing, they take AcnEase® regularly at the correct dosage and have used our system to choose the exact right treatment appropriate for treating their acne. We not only provide a treatment, but we guide you on how to use your diet, lifestyle and skincare to achieve an acne-free life.'



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